

\* THESE FUNCTIONS CAN BE PERFORMED WITH A COMPUTER INPUT DEVICE, COMPUTER & SOFTWARE

Fig 1

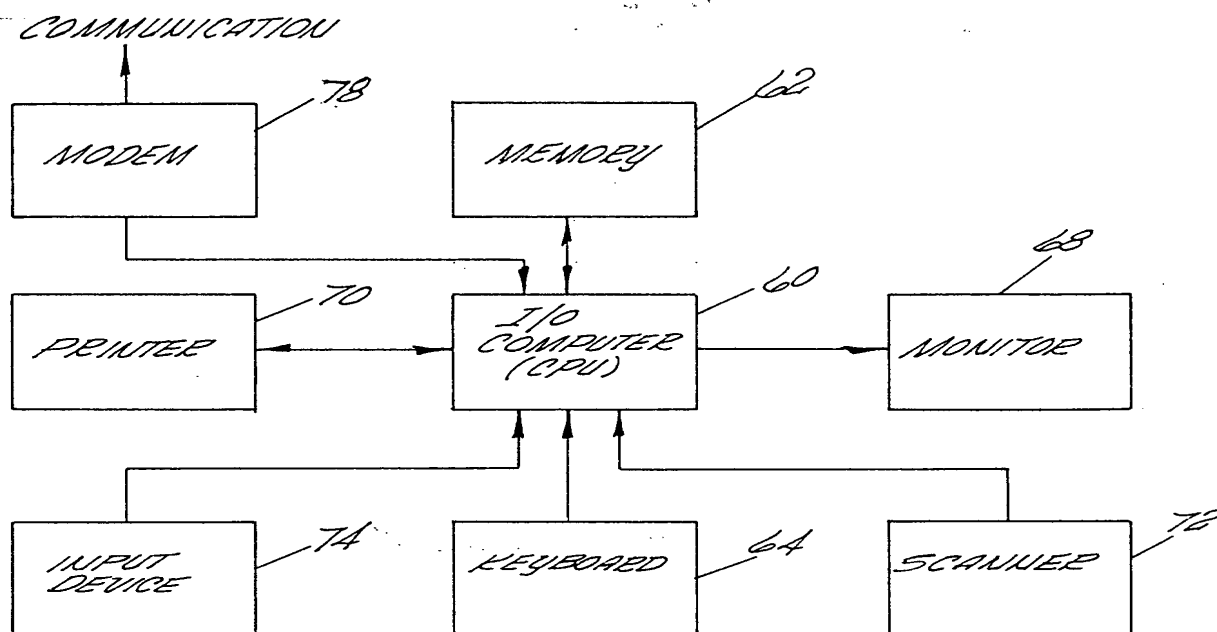


Fig 2

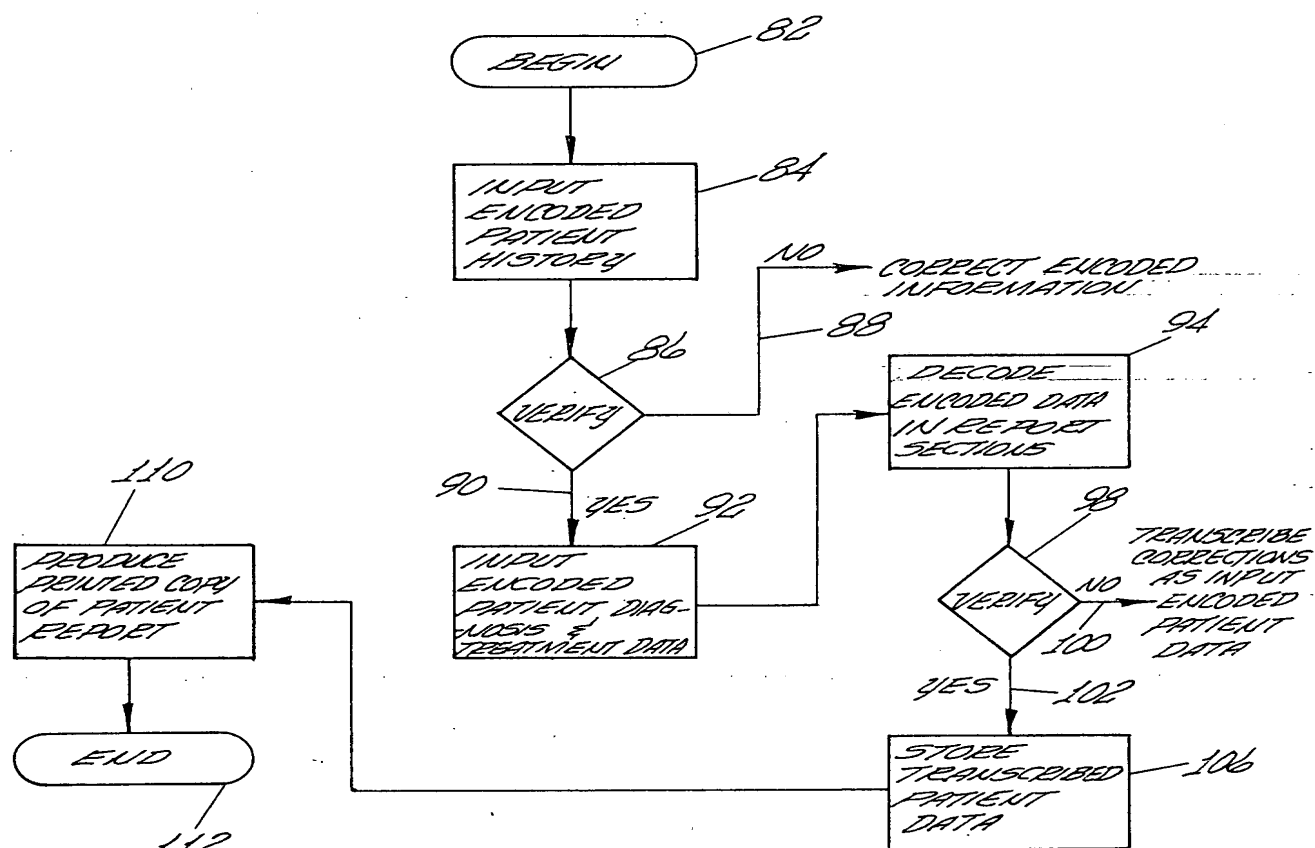


Fig 3

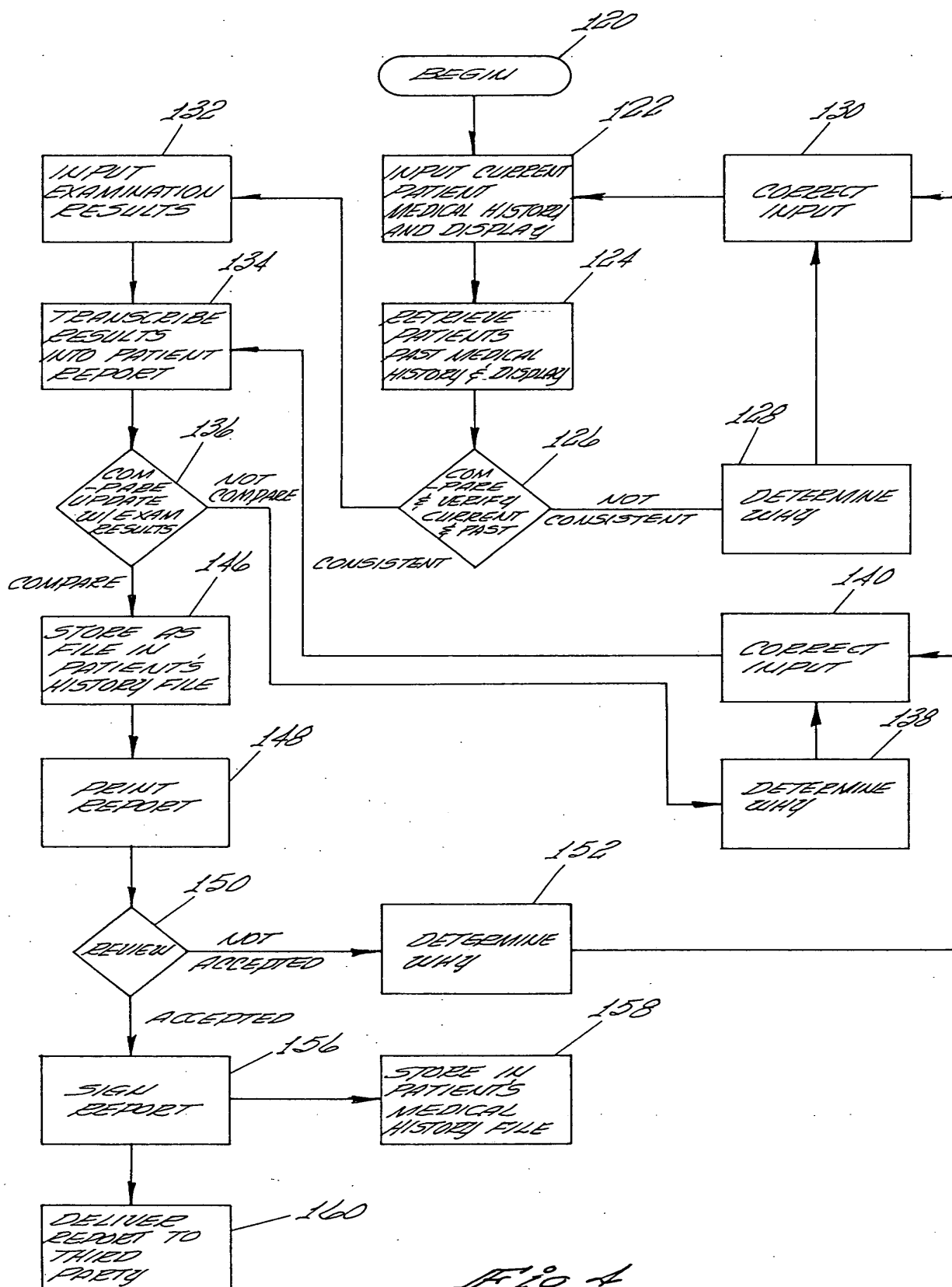


Fig 4

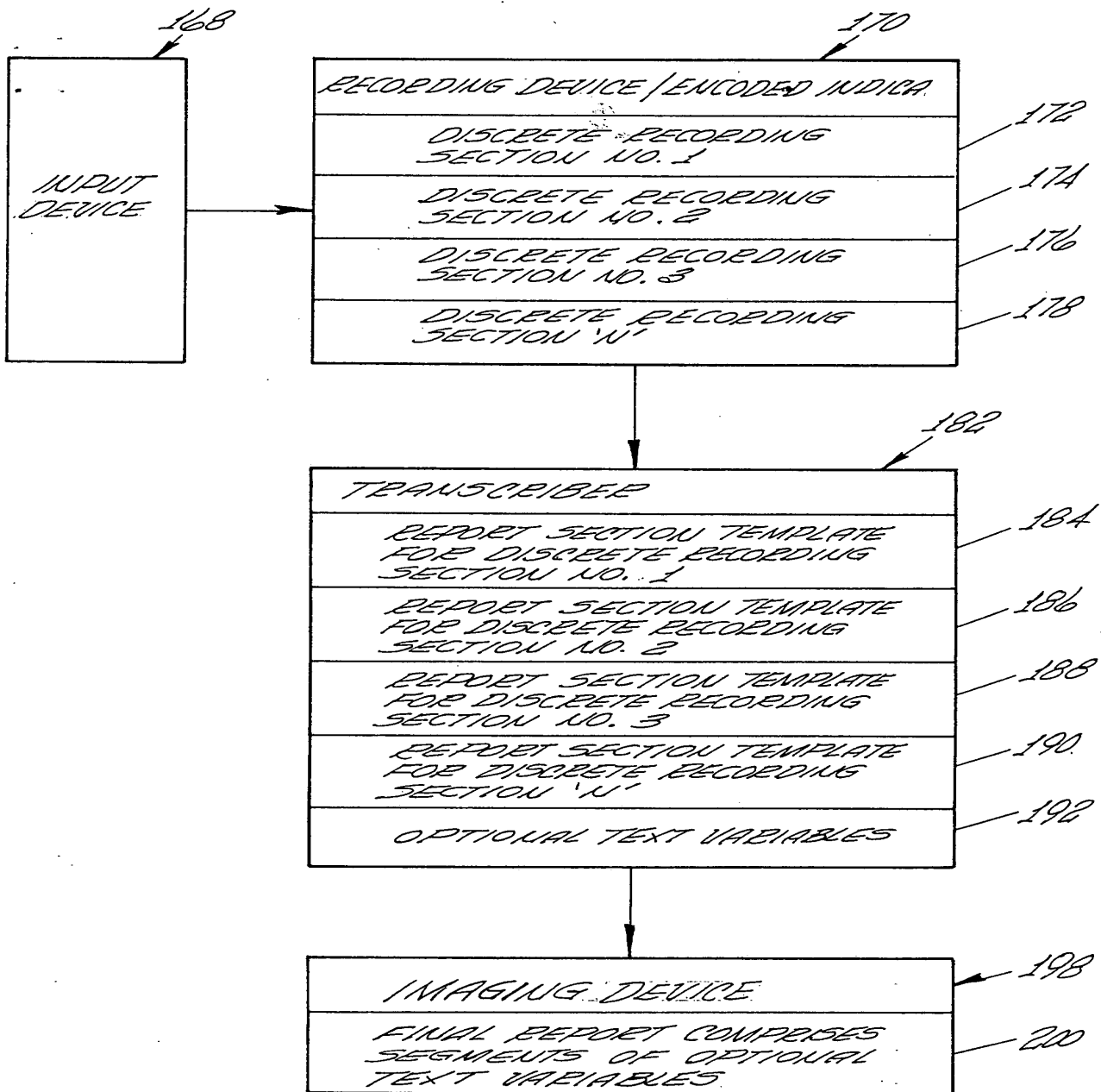


Fig 5

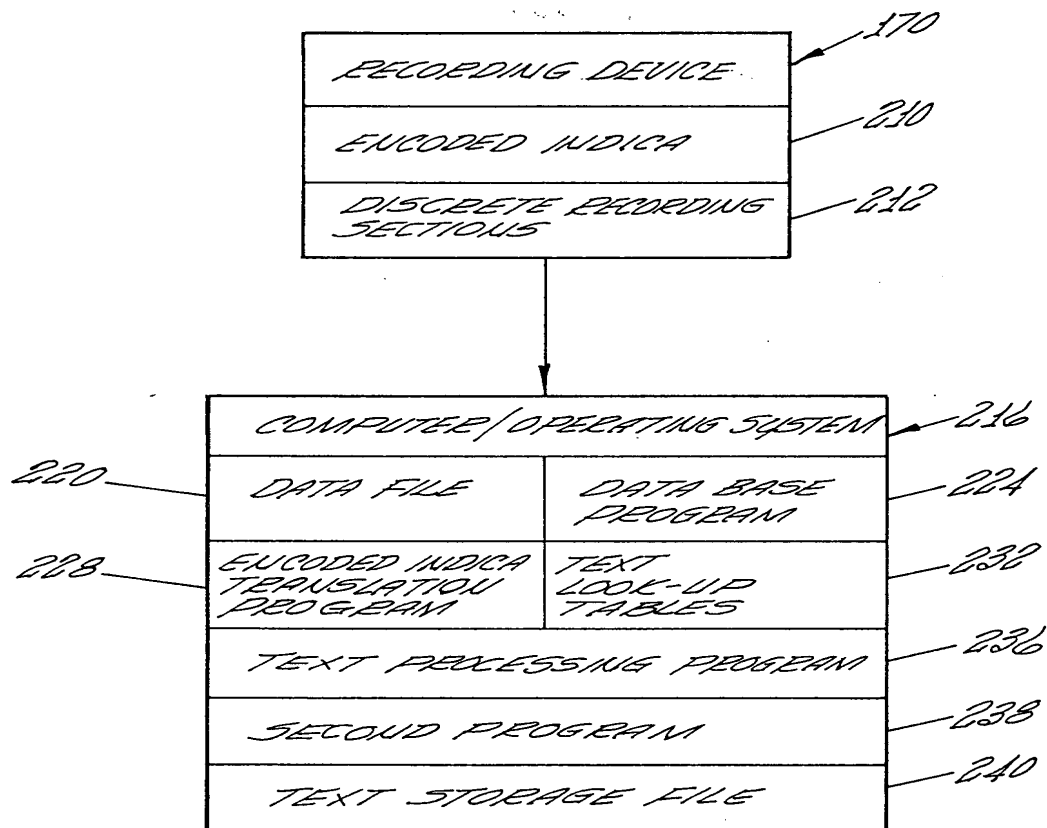


Fig 6

266

Fig 8

NAME:	DATE:	ANNUAL and NEW PATIENT
<input checked="" type="checkbox"/> New Patient <input type="checkbox"/> Annual	ML	Last Pap: _____ Class: _____
Current problems:		
Current Medications:		
Treated by another physician: Who and why:		
Past medical history:		
FOR ANNUAL ONLY: Any serious illness or operations in the past year: Any family members seriously ill in past year:		
IMPRESSION: 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____		
PLAN: <input type="checkbox"/> Hemoxygram <input type="checkbox"/> TOC in 10 days	BIRTH CONTROL METHOD Name of Pill: <input type="checkbox"/> 28 <input type="checkbox"/> 21 <input type="checkbox"/> IUCP <input type="checkbox"/> condoms <input type="checkbox"/> OTC <input type="checkbox"/> diaph. <input type="checkbox"/> none needed	
Notes:		
Procedures:	<input type="checkbox"/> Premarin .025 / 100 x 1 <input type="checkbox"/> .9 / 100 x 1 <input type="checkbox"/> 1.25 / 100 x 1 <input type="checkbox"/> 1 po qd 1-25 cycle <input type="checkbox"/> 1 po qd 1-25 cycle <input type="checkbox"/> Provera 10 mg / 30 x 1 refill <input type="checkbox"/> Norethindrone acet 5 mg / 30 x 1 <input type="checkbox"/> 1 po qd 1-25 cycle	
Other:		
Return to clinic: <input type="checkbox"/> 6 months <input type="checkbox"/> 1 year		
For recheck in _____ days <input type="checkbox"/> weeks _____ months		

266

252

254

258

Fig 7

Name:	M	F	CH	Date	W/U	W/R	prov
Age:	Ht:	Wt:	P:	R:	Temp:	LMP	
CC:	BP	L	R	St	SI	Ly	Allergies:
	Rec Lab:						
Circle any examined, note norms Enter # of abn, indicate findings							
1. Gen, skin:							
2. HEENT:							
3. Neck:							
4. Heart:							
5. Lungs: wheezes ronchi rales							
6. Breasts:							
7. Abdomen: tend, mass, bs + - guarding, rebound							
8. Rectal:							
9. Pelv (F): Genital (M):							
10. Musc-skel: TP							
11. Neuro: reflexes							
12. Other:							
Lab: RBS FBS IgGAlc CBC Renal Lipid SHAC UA Thy TSH Wcht Pap Chlam GC RPR HIV ESR Other:							
X-ray U/S CT MRI of mammo other:							
Assessment: 1. Plan: 2. _____ 3. _____ 4. _____							
[ ] see med list							
RTC D W M Y for Ref F T							

252

47%

280

282

-286

288

6276

292

NEW PATIENT HISTORY  
ON  
ESTABLISHED PATIENT WITH A NEW INJURY

Name: \_\_\_\_\_  
\_\_\_\_\_ W/C \_\_\_\_\_ P/I \_\_\_\_\_ Home Related \_\_\_\_\_ Sports Related \_\_\_\_\_ School \_\_\_\_\_

History of the Injury: \_\_\_\_\_

Injured area: \_\_\_\_\_

When: \_\_\_\_\_

Where: \_\_\_\_\_

Injury as it occurred: \_\_\_\_\_

**Where treated:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Data:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Tests, x-rays and/or surgeries done:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Referred By:** \_\_\_\_\_

Fig 10

## PATIENT INFORMATION SHEET (NEW W/C RETURN POST-OP OSTEO)

SURGERY: Type: \_\_\_\_\_ Date: \_\_\_\_\_  
 Last Name: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Race: 0 SP-C C N Male Female  
 Job Description: \_\_\_\_\_  
 Requires: Bending Stopping Twisting Reaching Standing Walking  
 Lifting Sitting Kneeling  
 ALLERGIES: NSA  
 CURRENT MEDICATIONS: NONE  
 SHOULD THIS REPORT BE IN LETTER STYLE? yes no  
 If yes, where should additional letter be sent?  
 Attorney Referring Physician Other

Which body part(s) are injured?  
 Cervical spine, Shoulder, Elbow, Wrist, Hand, Fingers, Toe  
 Thoracic spine, Lumbar spine, Hip, Knee, Ankle, Foot,

Date of last visit: \_\_\_\_\_  
 Prior Tests and results: \_\_\_\_\_  
 Medication since last visit: \_\_\_\_\_  
 Physical Therapy since last visit: \_\_\_\_\_  
 Does the patient have pain which awakens them at night? yes no  
 If yes, number of times: \_\_\_\_\_

## ACTIVITY RECORD (W/C ONLY)

Patient can do the following: Lift \_\_\_\_\_ lbs  
 Sit for \_\_\_\_\_ hrs \_\_\_\_\_ min. Kneel N O F  
 Stand for \_\_\_\_\_ hrs \_\_\_\_\_ min. Climb N O F  
 Walk for \_\_\_\_\_ hrs \_\_\_\_\_ min. Bend N O F  
 Ride in Car \_\_\_\_\_ hrs \_\_\_\_\_ min. Twist N O F

PAIN DESCRIPTION: \_\_\_\_\_ R L RL  
 Pain Description: Throbbing Stabbing Burning Dull/Aching  
 Sharp  
 Radiation (Cervical and Lumbar): Shoulder R/L Arm R/L Hand R/L  
 Buttock R/L Thigh R/L Calf R/L Foot R/L  
 Pain made worse with cough or sneeze? yes no  
 Loss of control of bowel or bladder? yes no  
 Other symptoms: Inability to bear weight, Popping, Stiffness, Swelling, Cramping, Heaviness, Numbness, Tingling, Soreness  
 Change since last visit: Improved Unchanged Worse  
 Has had this pain before? yes no multiple times once years ago  
 Pain made worse by sitting Standing Walking Riding in a car  
 Lifting Twisting Working overhead Bending  
 Pain improved by Rest Heat Ice Medication Physical therapy  
 Chiropractic treatments Home exercise program

Fr 19 24

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 Chiropractic treatments Home exercise program

PHYSICAL EXAMINATION  
 Cervical spine Lumbar spine Pulseless Lower  
 Shoulder Thoracic spine Osteo 1  
 Elbow Hips Osteo 2  
 Wrist Knees Osteo 3  
 Hand Ankles and feet  
 Thumb Great toe  
 Index finger Second  
 Long finger Third  
 Ring finger Fourth  
 Fifth finger Fifth  
 Strength upper Straight leg raising  
 Reflex upper Measurements lower  
 Measurements upper Strength lower  
 Pulses upper Reflex lower  
 Jaymar

Fr 19 24



Areas of tenderness:  
Areas of erythema:  
Areas of swelling:  
Areas of ecchymosis:

#### GENERAL APPEARANCE

Cervical lordosis: present/absent location  
Muscle spasms: present/absent location  
Contusions: present/absent location  
Scars: present/absent location

#### RANGE OF MOTION OF THE CERVICAL SPINE

Flexion: 0-20  
Extension: 0-20  
Rotation (R): 0-90  
Rotation (L): 0-90  
Lateral bend (R): 0-20  
Lateral bend (L): 0-20

#### SHOULDER

	RIGHT	LEFT
Flexion:	0-180	0-180
Extension:	0-20	0-20
Abduction:	0-180	0-180
Adduction:	0-90	0-90
Internal rotation:	0-90	0-90
External rotation:	0-90	0-90
Crepitation:	neg	neg
Thumb to		in extension

#### ELBOWS

	RIGHT	LEFT
Flexion/Extension:	0-135	0-135
Supination:	0-90	0-90
Pronation:	0-90	0-90
Pain on extension of wrist	no	no
Pain on flexion of wrist	no	no

#### WRISTS AND HANDS

	RIGHT	LEFT
Flexion:	0-90	0-90
Extension:	0-90	0-90
Ulnar deviation:	0-35	0-35
Radial deviation:	0-15	0-15
Tinel's (cts)	neg	neg
Finkelstein's	neg	neg
Phalen's (cts)	neg	neg
O test:	neg	neg
Thenar atrophy (cts)	neg	neg
Hypothenar atrophy (cts)	neg	neg
Crepitation:	neg	neg
Palpable spurs:	no	no
Ganglions:	no	no
volar	no	no
dorsal	no	no

Fig 13

#### THUMB AND FINGER

	RIGHT	LEFT
M. P.	0-90	0-90
Crepitation:	neg	neg
Palpable spurs:	neg	neg
Instability:	neg	neg
P. I. P.	0-90	0-90
Crepitation:	neg	neg
Palpable spurs:	neg	neg
Instability:	neg	neg
D. I. P.	0-90	0-90
Crepitation:	neg	neg
Palpable spurs:	neg	neg
Instability:	neg	neg
Trigger finger:	neg	neg

#### MUSCLE STRENGTH DETERMINATION

	RIGHT	LEFT
Deltoid - Ant.	5/5	5/5
Med.	5/5	5/5
Shoulder Int. rotation:	5/5	5/5
Shoulder Ext. rotation:	5/5	5/5
Biceps:	5/5	5/5
Triceps:	5/5	5/5
Brachial radialis:	5/5	5/5
Wrist flexors:	5/5	5/5
Finger flexors:	5/5	5/5
Finger extensors:	5/5	5/5
Intrinsics:	5/5	5/5

#### JAW

	RIGHT	LEFT
Grip strength:	2+	2+
lateral pinch:	2+	2+
Chuck pinch:	2+	2+

#### REFLEX REACTION

	RIGHT	LEFT
Biceps:	2+	2+
Triceps:	2+	2+
Pectoral:	2+	2+
Brachial radialis:	2+	2+

#### SENSATION

	RIGHT	LEFT
	normal	normal

#### PULSES

	RIGHT	LEFT
Radial:	2+	2+
Ulnar:	2+	2+
Maintained with shoulder abduction:	yes	yes

#### MEASUREMENTS

	RIGHT	LEFT
Upper arm (5" above the olecranon):		
Lower arm (5" below the olecranon):		

Fig 14

Areas of tenderness:  
Areas of erythema:  
Areas of swelling:  
Areas of ecchymosis:

**LUMBAR SPINE**

Shoulder and Pelvis level:  
Lumbar lordosis:

Scoliosis:  
Muscle spasms:  
Contusions:  
Scars:  
Toes/Heels:

Squat and stand:

yes/no  
present/absent  
present/absent  
present/absent  
present/absent  
yes/no

yes/no

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**ATLAS AND CERVICAL**

Dorsiflexion:  
Plantar flexion:

Inversion:

Eversion:

Creptation:

Palpable spurs:

Instability:

TOE

M.P.

Creptation:

Palpable spurs:

Instability:

P.I.P.

Creptation:

Palpable spurs:

Instability:

D.I.P.

Creptation:

Palpable spurs:

Instability:

HEEL REACTION

Patellar:

Achilles:

HIP:

Flexion:

Extension:

Internal rotation:

External rotation:

Quadriceps:

Hamstrings:

Anterior tibialis:

Gastrocnemius:

Peroneals:

Extensor hallucis:

Flexor hallucis:

Extensor digitorum:

Flexor digitorum:

SENSATION

TOE

Dorsalis pedis:

Posterior tibial:

Popliteal:

Femoral:

MASSAGE

Thigh - 2" above patella

4" above patella

6" above patella

Calf (at maximum circumference):

Leg length:

RIGHT

0-20

0-40

0-10

0-20

negative

no

no

RIGHT

0-90

no

no

no

no

no

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0-10

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312

314

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DIAGNOSIS

The patient was instructed in a home exercise program. yes no  
PHYSICAL THERAPY Ordered Continued Changed Discontinued None  
L-Lumbar Program C-Cervical Program B-Back School S-electrostim  
I-Iontophoresis Q-Quadriceps Program R-Range of Motion  
S-Strengthening K-Knee O-Other \_\_\_\_\_  
\_\_\_\_\_ times for \_\_\_\_\_ weeks.

\_\_\_\_\_ was discussed in detail, including complications, alternatives and prognosis.  
Scheduled at/for \_\_\_\_\_  
Chiropractic care was discussed with patient? Y/N  
Medication prescribed: \_\_\_\_\_  
Testing ordered: \_\_\_\_\_  
Referral initiated or requested to \_\_\_\_\_  
for \_\_\_\_\_

DISCUSSION

CURRENT STATUS

A. Working without limitations B. Working with limitations  
C. Not working R. Retired S. Student  
K. Child H. Housewife  
If the patient is not working: \_\_\_\_\_ (date)  
D. Released for work on \_\_\_\_\_  
E. Estimated time before released for work. \_\_\_\_\_ # \_\_\_\_\_ W M

DISABILITY STATUS

A. Temporarily partially disabled with no expectation of permanent disability.  
F. Temporarily partially disabled with expectation of some level of permanent disability.  
B. Temporarily totally disabled.  
C. Permanent and stationary with no disability.  
D. Permanent and stationary with rateable disability.  
E. Permanent and stationary with permanent factors of disability.

VOCATIONAL REHABILITATION

A. There is a need for vocational rehabilitation. yes/no  
B. There is no need for vocational rehabilitation. yes/no  
C. The need for vocational rehabilitation cannot be determined at this time.

RETURN VISIT \_\_\_\_\_ D for Days \_\_\_\_\_ W for Weeks \_\_\_\_\_ M for Month PRN  
Reason for return visit: X-ray COX Recheck Suture removal  
Staple removal Test results Surgery Video Review Post Op H & P

Fig 18

X-RAY

LOCATION \_\_\_\_\_ SOF VIEWS (1-5) \_\_\_\_\_ N/A \_\_\_\_\_

A-Cervical spine B-Thoracic spine C-Lumbar spine D-Shoulders  
E-Humerus F-Elbow G-Forearm H-Wrist I-Hand J-Thumb  
K-Finger L-Hip M-Femur N-Knee O-Tibia P-Ankle Q-Foot

ABNORMALS A B C

Cervical, Lumbar and Thoracic spine:  
Alignment is normal/abnormal.  
Paravertebral soft tissues are normal/abnormal.  
Lordosis is normal/abnormal.  
The intervertebral disc spaces are maintained/narrow.  
Evidence of congenital: yes/no  
Evidence of degenerative: yes/no  
Evidence of post-traumatic abnormalities: yes/no  
Other \_\_\_\_\_

OTHER

The bony contours are normal/abnormal.  
Consistency is normal/osteoporotic/abnormal.  
The cortex is intact/disrupted.  
Disrupted at \_\_\_\_\_  
Joint surfaces are: Normal Irregular  
Contour: Normal Narrowed  
Height: Present Absent  
Spurs: \_\_\_\_\_  
Other \_\_\_\_\_

FRACTURES

1. The fracture alignment is satisfactory.  
2. The fracture alignment is satisfactory with good callus.  
3. Free bodies.  
4. Retained surgical metal.

Fig 17

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DISCUSSION: The treatment program was reviewed. Physical therapy has been continued to include: strengthening, range of motion, and knee program 3 times a week for 3 weeks. Present medication prescribed: Vicodin. I have given the patient a prescription for a thermophore for her lumbar spine pain, due to physical therapy for the right knee.

CURRENT STATUS: The patient is not working.

DISABILITY STATUS: The patient is temporarily totally disabled.

RETURN VISIT: The patient will return in 1 week for a post-op visit.

Sincerely,

Fig 20

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Re:  
Emp:  
DOI:  
SSN:  
CIN:

DATE

NAME

ADDRESS

STATE

ZIP

Dear Sir/Madam:

HISTORY: The patient is a XX-year-old Caucasian female who is returning for a postoperative visit, regarding complaints referable to the knee. The patient was injured in a work related accident on XX/XX/XX. The patient was last seen on XX/XX/XX. The patient underwent an arthroscopy, partial lateral and medial meniscectomy, and chondral debridement of the right knee on XX/XX/XX.

CURRENT COMPLAINTS: The right knee pain is a dull aching type. Other symptoms include: stiffness, soreness, numbness, and swelling. Her pain is improved by ice. Her pain is made worse by standing, walking, and bending. The patient has night pain which renders her unable to sleep.

SPECIAL STUDIES: None.  
ALLERGIES: No known drug allergies.  
CURRENT MEDICATION: Motrin.

PHYSICAL EXAMINATION:

KNEE EXAMINATION: Right  
Flexion/Extension: 0-120 degrees

X-RAY: None taken today.

DIAGNOSIS:

836.0 Medial meniscus tear, post arthroscopy, partial medial meniscectomy with chondral debridement, right knee.  
836.1 Lateral meniscus tear, post arthroscopy, partial lateral meniscectomy, right knee.  
716.96 Osteoarthritis of the right knee.

Fig 20

DATE  
NAME  
ADDRESS  
STATE ZIP

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XX/XX/XX  
RE:

HISTORY: The patient is a XX-year-old Caucasian male who is returning for a follow-up visit, regarding complaints referable to the hips. The patient was last seen on XX/XX/XX. Since his last visit he has taken a Medrol Dose Pack.

CURRENT COMPLAINTS: The patient denies any right hip pain. This has improved since his last visit.

The patient's left hip pain is a dull aching type. Other symptoms include soreness. This has improved since his last visit. His pain is improved by rest and medication. His pain is made worse by sitting, lifting, twisting, bending, and walking. The patient does not have night pain which awakens him.

SPECIAL STUDIES: None.

ALLERGIES: Codeine and Penicillin.

CURRENT MEDICATION: Antibiotics, Lanoxin, and Tagamet.

PHYSICAL EXAMINATION:

HIPO: Right Left  
Flexion: 0-90 0-90 degrees  
Areas of tenderness: ischial tuberosity, left  
Areas of erythema: none  
Areas of swelling: none  
Areas of ecchymosis: none

X-RAY: None taken today.

DIAGNOSIS:

912.00 Abrasion of the left arm, healed.

716.95 Osteoarthritis, post total hip arthroplasty, left.

820.21 Greater trochanter fracture, right hip.

DISCUSSION: The treatment program was reviewed. No physical therapy was ordered.

CURRENT STATUS: The patient is retired.

RETURN VISIT: The patient will return in 2 weeks for a follow-up visit.

Fig 21

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NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ INT: \_\_\_\_\_

This \_\_\_\_ year old G \_\_\_\_ P \_\_\_\_ A \_\_\_\_ T \_\_\_\_ <sup>new</sup> returning pt is here for:

o Annual exam and pap smear

o Redcheck of: \_\_\_\_\_

o \_\_\_\_\_ procedure for \_\_\_\_\_

o Pre-op o Post-op visit for \_\_\_\_\_ Date / /

Her LMP was / / , cycles are o reg every \_\_\_\_ days  
o 19 due to natural onset of menopause. o Irreg (describe)  
o 19 Status/post o TMI o TVH o BSO for: \_\_\_\_\_

She has complaints of:  
(signs/symptoms)  
(type/duration)  
(home/other tx)  
(other info)

She is also concerned/has questions regarding:

1\* Her birth control method is: o BCP's \_\_\_\_\_  
o BTL/hyst o Depo-Provera  
o vasectomy o Norplant o abstinence  
o condoms o none o trying for pregnancy

2\* She currently is / is not on BBT.

Last annual & pap data and results / / o WNL o Abn

Past medical and operative hx was reviewed.

Significant finding include:  
(Chronic/Serious Illness)  
(Previous operations)

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

She see's Dr. \_\_\_\_\_  
for problems # 1 2 3 4 5

Dr. \_\_\_\_\_ is her family phy.

1. \_\_\_\_\_ CURRENT MEDS & DOSAGES  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

Fig 23

INITIAL EXAM AND ANNUAL UPDATE

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
AGE \_\_\_\_\_

Physical Examination	Height	Weight	B.P.	LMP	Gr.	Pw.	SAL
Pelvic Exam	Normal	Abn	HE	Check and detail all positive findings below.			
1. Ext. genitalia							
2. Vagina							
3. Cervix							
4. Uterus (describe)							
5. Adnexa							
6. Rectum							
7. Other							
General Physical							
8. Skin							
9. HEENT							
10. Neck							
11. Chest							
12. Breasts							
13. Heart							
14. Lungs							
15. Abdomen							
16. Musculoskeletal							
17. Extremities							
18. Neurologic							

LAB PERFORMED: HCT \_\_\_\_ UA \_\_\_\_ CULTURE: URINE HERPES BIO/CULT CHLAMYDIA  
PAP \_\_\_\_ WET MOUNT \_\_\_\_ LABSCAN \_\_\_\_ PREG \_\_\_\_ OTHER \_\_\_\_

Diagnosis and Treatment Plan

Fig 23

WORKER'S COMPENSATION HISTORY

PATIENT'S NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ street address \_\_\_\_\_ city \_\_\_\_\_ zip code \_\_\_\_\_  
 HOME PHONE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
 MARITAL STATUS \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ RIGHT OR LEFT HANDED \_\_\_\_\_  
 NUMBER OF CHILDREN LIVING AT HOME \_\_\_\_\_  
 SOCIAL SECURITY NUMBER \_\_\_\_\_  
 OTHER NAMES USED PREVIOUSLY \_\_\_\_\_  
 PATIENT REFERRED BY: (i.e. insurance co., physician, attorney, state of California) include address: \_\_\_\_\_  
 EMPLOYER at time of accident \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ street address \_\_\_\_\_ city \_\_\_\_\_ zip code \_\_\_\_\_  
 HOW LONG WERE YOU EMPLOYED: \_\_\_\_\_  
 NUMBER OF HOURS AND DAYS WORKED PER WEEK: \_\_\_\_\_  
 JOB DESCRIPTION: \_\_\_\_\_  
 JOB ACTIVITIES: \_\_\_\_\_  
 SITE OF ACCIDENT IF DIFFERENT FROM ABOVE: \_\_\_\_\_  
 ACCIDENT DATE: \_\_\_\_\_ ACCIDENT TIME: \_\_\_\_\_  
 DATE FIRST TREATED: \_\_\_\_\_ WERE YOU DRIVING A COMPANY VEHICLE \_\_\_\_\_  
 DATE LAST WORKED: \_\_\_\_\_  
 DATE RETURNED TO WORK: \_\_\_\_\_

Fig 25

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DOB \_\_\_\_\_  
☐ CEE  
☐ ER  
 OCCUPATION \_\_\_\_\_  
 NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_  
 STATE \_\_\_\_\_  
 ZIP \_\_\_\_\_  
 DATE \_\_\_\_\_  
 TIME \_\_\_\_\_  
 PH \_\_\_\_\_  
 PH \_\_\_\_\_  
 ADD \_\_\_\_\_  
 C/O \_\_\_\_\_  
 PAST EYE EX  
 1. EYE M.D.  
 2. GLASSES-CL  
 3. DISEASE  
 4. INJURY  
 5. SURGERY  
 6. DATE-HBP  
 7. FAM EX  
 8. MEDICATION  
 9. ALLERGY  
 10. HOSP. W.S  
 11. LAST H.P  
 12. EYE EXAM  
 13. EOC (L-1)  
 14. NPC  
 15. VERSIONS  
 16. ACT  
 17. HIRSCHBERG  
 18. PUPILS-ERRLA  
 19. CONJUNCT  
 20. CORNEA  
 21. SCLERA  
 22. A.C.  
 23. IRRIS  
 24. LENS  
 25. VITREOUS  
 26. DISC  
 27. CUP  
 28. MACULA  
 29. FUNDOUS  
 30. SPECIAL EXAM  
 31. REFRA-SUBJ  
 32. REFRA-LEN  
 33. V.F.-H.F  
 34. TONOMETRY

EYE EXAM

Fig 24

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ARE YOU PRESENTLY WORKING: YES \_\_\_ NO \_\_\_  
WORK RESTRICTIONS, IF ANY: \_\_\_\_\_  
PRESENT EMPLOYER: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ street address \_\_\_\_\_ city \_\_\_\_\_ zip code \_\_\_\_\_  
DATE OF EMPLOYMENT: \_\_\_\_\_  
PHONE: \_\_\_\_\_  
JOB DESCRIPTION: \_\_\_\_\_  
JOB ACTIVITIES: \_\_\_\_\_

HISTORY OF THE ACCIDENT:

Describe fully the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Describe any equipment and/or machinery involved: \_\_\_\_\_

Describe your physical complaints immediately following this accident: \_\_\_\_\_

Head: \_\_\_\_\_  
Neck: \_\_\_\_\_  
Back: \_\_\_\_\_  
Arms: \_\_\_\_\_  
Legs: \_\_\_\_\_

Fig 26

360

Did you report the injury to your employer? Yes \_\_\_ No \_\_\_  
To whom and when did you report this injury? \_\_\_\_\_  
Were you treated at the company dispensary, given first aid, or sent elsewhere? \_\_\_\_\_  
Name and addresses of witnesses to the accident \_\_\_\_\_  
\_\_\_\_\_  
How did you get to a place of treatment? \_\_\_\_\_  
Did you go home or continue working? Yes \_\_\_ No \_\_\_  
TYPE OF TREATMENT RECEIVED SINCE THE ACCIDENT: (include hospital, surgeries, physical therapy, chiropractic therapy or any other treatment)

DOCTOR OR FACILITY	WHEN SEEN	NATURE OF TREATMENT	DID TREATMENT HELP?	X-RAYS TAKEN
			Y N	Y N
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Other tests performed: (MRI, CT scans, arthrogram, EMG)

Yes \_\_\_ No \_\_\_  
List where tests were performed below: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Fig 27



What medications have been prescribed and give results:

MEDICATION \_\_\_\_\_ RESULTS \_\_\_\_\_

DIAGNOSIS GIVEN: \_\_\_\_\_

Describe fully all present complaints:

COMPLAINT (IMPROVED/WORSE/UNCHANGED) PAIN RATING (0-10)

Head: \_\_\_\_\_

Neck: \_\_\_\_\_

Back: \_\_\_\_\_

Arms: \_\_\_\_\_

Legs: \_\_\_\_\_

IF YOU HAVE HEADACHES PLEASE ANSWER THE FOLLOWING QUESTIONS:

How often do you have headaches? \_\_\_\_\_

How long do they last? \_\_\_\_\_

Do you have

(circle appropriate symptom(s)) Light-headedness, ringing in ears, visual blurring, nervousness, or trouble sleeping.

Worker's Compensation  
Page 4

Fig 28

What part of your head hurts? \_\_\_\_\_

What (if any) medications do you take for the headache and how often do you take them? \_\_\_\_\_

IF YOU HAVE NECK PAIN PLEASE ANSWER THE FOLLOWING QUESTIONS:

(circle appropriate symptom(s)) bending head forward, looking up, turning head from side to side, reaching up, lifting, pushing, or pulling.

IF YOU HAVE BACK PAIN, PLEASE ANSWER THE FOLLOWING QUESTIONS:

How long can you sit in one place before the back pain becomes intolerable? \_\_\_\_\_

How long can you stand in one place before the back pain is intolerable? \_\_\_\_\_

How long can you walk before the back pain is intolerable? \_\_\_\_\_

How long can you remain bent over to do repeated bending before the back pain is intolerable? \_\_\_\_\_

What is the greatest weight you can lift without increasing your back pain? \_\_\_\_\_

Does overhead work, reaching, pushing or pulling cause an increase in the back pain? \_\_\_\_\_

Worker's Compensation  
Page 5

Fig 29

268

PRIOR WORK RELATED INJURIES:

List prior or past illnesses and/or surgeries. List name and addresses of employers (include dates and nature of injury, fractures, lacerations, contusions, auto accidents).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
List dates you stopped working because of this accident. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Did you return to work? Yes \_\_\_ No \_\_\_  
If so, date you returned to work? \_\_\_\_\_  
Work restrictions if any? \_\_\_\_\_  
\_\_\_\_\_

Fig 31

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Does the pain go into your arms or legs, if yes, which ones

\_\_\_\_\_  
and what activities cause this to occur? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you experience numbness in the legs, if yes (does it)

1. travel down the front of the legs? \_\_\_\_\_
2. travel down the back of the legs? \_\_\_\_\_
3. travel into the toes, if yes, which ones \_\_\_\_\_
4. is the numbness present constantly \_\_\_\_\_
5. when did this symptom start \_\_\_\_\_

ALL PATIENTS PLEASE ANSWER THE FOLLOWING QUESTIONS:

What medications are you currently taking? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have other mental, physical, or emotional problems which might have caused, been aggravated, or resulted from this accident?

\_\_\_\_\_  
\_\_\_\_\_

RESTRICTED SOCIAL ACTIVITIES:

List any social/sports activities that you can no longer do or have had to significantly limit due to this injury (i.e.: housework, gardening, child care)

ACTIVITY \_\_\_\_\_ DESCRIBE HOW YOU ARE RESTRICTED \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Fig 30

PAST MEDICAL HISTORY: -- Indicate if you have had any of the following:

Measles, Mumps, Chickenpox Yes No  
 Eye Problems  
 Ear, Nose, Throat Problems  
 Respiratory Problems  
 Cancer  
 Heart Disease  
 High Blood Pressure  
 Arthritis  
 Gout  
 Urinary/Kidney Problems  
 Liver Disease  
 Stroke  
 Diabetes  
 Epilepsy  
 Circulation Problems  
 Stomach/Ulcer Problems  
 Alcoholism/Drug Abuse  
 Psychological Problems

Industrial Injuries -- Have you ever been injured on the job other than what you are being examined for today?

Yes No

If yes, please list below:

YEAR EMPLOYER INJURED AREA DID YOU IF NOT, RECOVER? DESCRIBE

# PRIOR PERSONAL INJURIES:

Automobile Accidents -- Please indicate if you have ever been involved in one either before or after the date of accident for which you are being seen.

Yes No

If yes, please list below:

YEAR INJURED AREA/BODY PART DID YOU IF NOT, RECOVER? DESCRIBE

Other Injuries -- List any major accidents/injuries other than listed above (includes broken bones).

YEAR INJURED AREA/BODY PART DID YOU IF NOT, RECOVER? DESCRIBE

Surgeries -- List any surgeries you have had performed.

YEAR AREA OF BODY DID YOU RECOVER? IF NOT, LIST REASON

List any allergies to foods or medications

If you smoke cigarettes how long have you smoked and how much do you smoke?

Fig 33

Fig 32

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If you drink alcohol how much do you routinely consume? \_\_\_\_\_

\_\_\_\_\_

EDUCATION HISTORY:

\_\_\_\_\_

\_\_\_\_\_

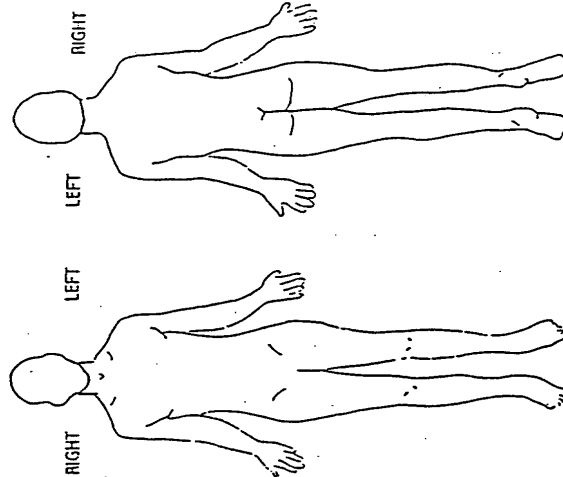
Fig 34

**PAIN DIAGRAM**

Using the figures below, mark the areas where you feel the described sensations are on your body. Use the appropriate symbol(s) and include all the affected areas.

Dominant hand: \_\_\_ Left \_\_\_ Right

ACHIE	NUMBNESS	PINS & NEEDLES	BURNING	STABBING
+++	==	0000	VVVVV	////
+++	==	0000	VVVVV	////



PLEASE SELF RATE YOUR PAIN BY BODY PART, BASED ON A SCALE OF 0-10, 10 BEING THE WORST PAIN YOU HAVE EVER EXPERIENCED, WHAT IS YOUR PAIN LEVEL TODAY.

BODY PART	PAIN LEVEL
BODY PART	PAIN LEVEL
BODY PART	PAIN LEVEL
BODY PART	PAIN LEVEL

Fig 35

Fig 37

**Jobs Held In The Past**

Starting with the most recent:

DATE	EMPLOYER	JOB TITLE	DUTIES

Did you have any injuries or receive medical treatment at these jobs (Workers' Compensation Disability payments)? Yes \_\_\_ No \_\_\_

If yes, when? \_\_\_\_\_

Where? \_\_\_\_\_

Thank you for helping us with your history.

Form completed by: \_\_\_\_\_ Date: \_\_\_\_\_

Signature

Assisted by: \_\_\_\_\_

Fig 36

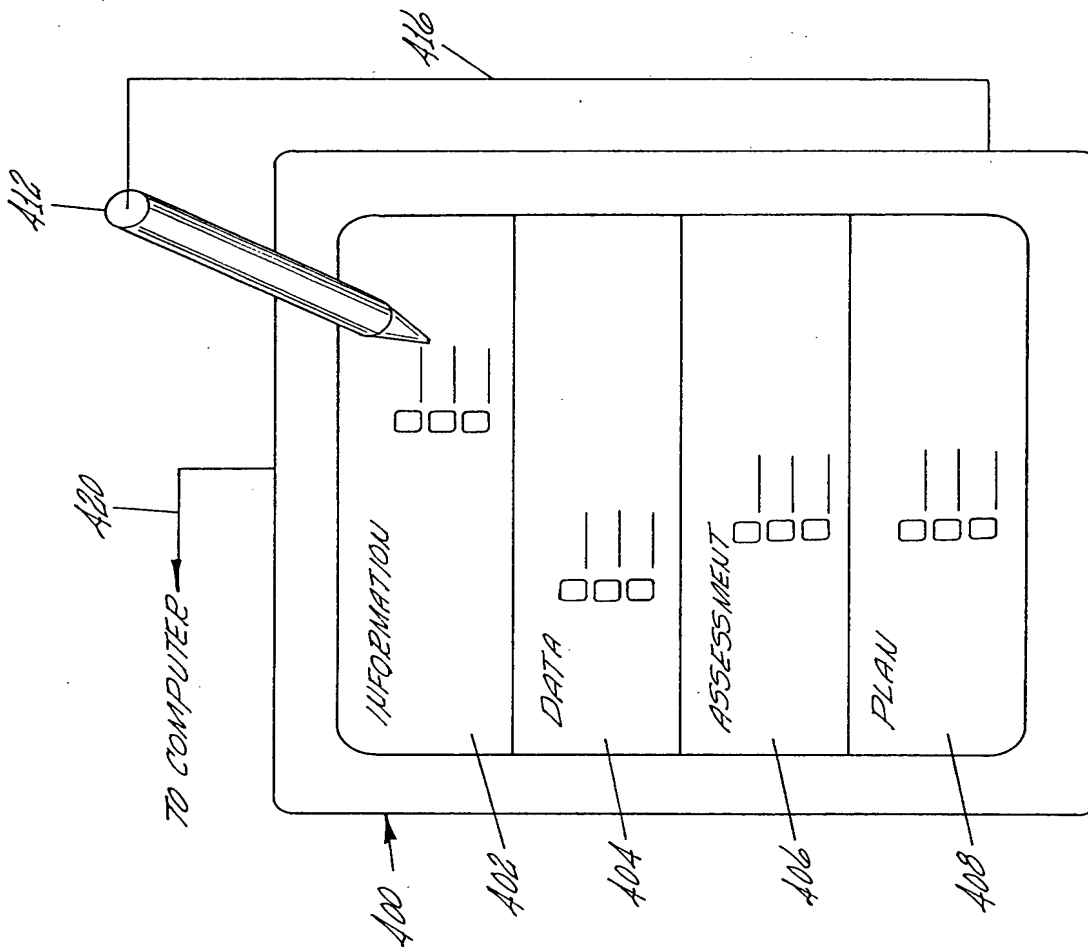


Fig 37